

*Handout on Reconciliation and Anointing of the Sick*

1. What is a “sacrament”? CCC ¶ 1131.
2. How many sacraments are there? CCC ¶ 1210.
3. What are the three sacraments of initiation? CCC ¶ 1212.
4. What are the two sacraments of healing? CCC ¶ 1421.
5. What are the two sacraments of service to others? CCC ¶ 1534.
6. What is the sacrament of Reconciliation for (besides conferring grace)? CCC ¶ 1496.
7. What are the three steps to the sacrament? (The pre-, the during, and the post-) CCC ¶ 1448.
8. How specific do I have to be when confessing my sins? CCC ¶ 1456; CCL ¶ 988.
9. What is a “mortal sin”? CCC ¶¶ 1857–1859.
10. What is “sanctifying grace”? CCC ¶¶ 2000, 2023–24.

11. How does committing a mortal sin affect our sacramental life? CCC ¶¶ 1385, 1415.
12. What do we call non-mortal sins? CCC ¶¶ 1862–1863.
13. How often should I go to Confession? CCC ¶ 1457.
14. For more information about the sacrament of Reconciliation:  
go to [stmonicarcia.wordpress.com](http://stmonicarcia.wordpress.com) and click the “Confession” tab.
15. What is the sacrament of Anointing of the Sick for (besides grace)? CCC ¶ 1532.
16. How sick do you have to be to receive Anointing of the Sick? CCC ¶¶ 1514–15.
17. How many times can a person receive Anointing of the Sick?
18. Can a person who has just died receive Anointing of the Sick? CCL ¶ 1005.